



Thank you for stopping by our unique little restaurant. We have been serving the Outer Banks for the past 10 years, with our very own twist on food from around the world – and around the block.

Our menu is designed to cover all types of tastes, so even the pickiest member of your party will find something they enjoy.

We're a laid back, fun and casual dining experience for the entire family.

We laugh a lot and smile because we enjoy what we do here. We hope you enjoy your time here at Mama's and on the Outer Banks.

Thank you for your patronage.

- Mama Kwan's Grill & Tiki Bar

It's ALL Good!

A decorative banner with a dark purple border and a light beige background. The text "It's ALL Good!" is written in a green, sans-serif font. The banner is flanked on both sides by palm fronds and a glowing yellow flower.

Appetizers

Pepper Seared Ahi Tuna

(RARE ONLY) Fresh Ahi Tuna seared on the outside and rare on the inside. Comes with a taste of our cucumber salad, wasabi and soy sauce. 9.99

Blackened Tuna Nachos

Crisp nacho chips piled high topped with cheese, greens, cabbage, red onion, tomato, scallions and drizzled with lime sour cream. House salsa comes on the side. 10.99

Thai Money Bags

Cellophane noodles with ground ginger and shrimp. Hand wrapped in a wonton, tied with a scallion and fried. Comes with our house teriyaki dipping sauce. 7.99

Onion Rings

Crispy, golden O's served with ranch dressing for dipping. 5.99

Soup of the Day

Delicious done different every day! Ask your server about the soup du jour.
Cup: 3.75 Bowl: 4.75

Honey Jerk Chicken Fingers

Golden fried chicken tenders tossed in Mama's own Honey Jamaican Jerk Sauce. Topped with scallions. 8.99

Queso Cheese Sticks

Tortilla encrusted and golden fried. A little spicy so we give you some sour cream to cool them down. 7.99

Pork Wontons

Wonton wrappers stuffed with ground spiced pork and golden fried, served with our house teriyaki dipping sauce. 7.99

Mama's Wings

Mama's world famous chicken wings. Fried and tasty and topped with scallions and peanuts. Your choice of Buffalo, Honey Jerk or Plain. 8.99

B.O.F.F.

Basket of French Fries, duh! 3.50

Chips & Salsa 4.99

Fresh Salads

Fish Taco Salad

Marinated Mahi Mahi sautéed and served over fresh field greens, cabbage, cheese, scallions, tomatoes and crispy tortilla chips with a side of Lime Sour Cream. 13.99
Blackened Add .99

Mama's Basic Salad

Fresh field greens, cucumbers, tomatoes, and crackers. Topped with purple cabbage and carrot slivers. Your choice of Dressings: Roasted Sesame-Ginger, Bleu Cheese, Ranch, Balsamic Vinaigrette or Honey Mustard. 4.99

Oriental Chicken Salad

Grilled chicken breast served with fresh field greens, cabbage, grilled pineapple, crisp fried wontons, marinated cucumber salad, peanuts and our Roasted Sesame-Ginger Dressing on the side. 10.99
With Tuna. 13.99
With Shrimp. 13.99
Blackened Add .99

Mama's Sides

Sauteed Veggies 2.99

Asian Cucumber Salad 2.99

Fried Green Beans 4.99

Jasmine Rice 1.99

Butter Rum Rice 4.99

Sesame Seaweed Salad 5.50

*There will be an extra charge for all substitutions. Please ask your server.

Entrees

Big Daddy Tuna Plate

Ahi tuna filet grilled then drizzled with Mama's red tangy Korean sauce and Wasabi Aioli. Layered over crispy fried wontons, seaweed salad and jasmine rice. 17.99

Mama's Hawaiian Pork Plate

The plate that started it all! Hand cut pork tenderloin marinated for over 2 days, then pan sautéed. Served with our Asian cucumber salad and jasmine rice. 16.99

Jumbo Lump Crab Cakes

Pan seared jumbo lump crabmeat with just enough filler to hold them together. Served with fried green beans, jasmine rice and a side of our tangy bistro sauce. 21.99

Sesame Grilled Chicken

Sesame encrusted chicken breast topped with our sweet chili sauce and plated beside fried green beans and jasmine rice. 14.99

Garbage Plate

A little bit of everything that will keep you healthy and your mouth happy. Sautéed veggies, fresh field greens, Asian cucumber salad, fresh sliced pineapple, jasmine rice and a side of our house teriyaki sauce
Plain (No Protein). 10.99
With Tuna. 15.99
With Chicken. 15.99

Coconut Fried Shrimp

Plump shrimp rolled in coconut flakes and fried to perfection. Served with honey jerk dipping sauce, fried green beans and jasmine rice. 18.99

Shrimp & Grits

A southern favorite done Mama's way. Shrimp, Andouille sausage, tomatoes, onions, sautéed in Creole butter and served over a fried jalapeno-cheddar grit cake. 17.99

Pastas

Special Occasion Pasta

Everyday is a special occasion at Mama Kwan's. Penne pasta sautéed with roasted red peppers, sugar snap peas, scallions and mushrooms, in a creamy soy sauce reduction. Our most popular pasta dish!
Plain. 11.99
Shrimp, Tuna or Chicken. 16.99

Pad Thai

Asian rice noodles wok seared in a tangy red Thai reduction (made with fish sauce). Topped with scallions, cabbage and crushed peanuts.
Plain. 11.99
Shrimp, Tuna or Chicken. 16.99
Add Egg For \$1 More

Tacos

Mama's World Famous Fish Tacos!

(The most ordered item we have)
Fresh Mahi Mahi marinated and sautéed. Served with cheddar/jack cheese, scallions, jasmine rice, shredded cabbage, flour tortillas and our lime sour cream to top them with. 13.99
Blackened (It's worth it!) .99

Jerk Chicken Soft Tacos

Grilled chicken breast seasoned with Jamaican Jerk Spice. Served with cheddar/jack cheese, tomatoes, lettuce, onions, jasmine rice, salsa, sour cream and flour tortillas. 12.99

*There will be an extra charge for all substitutions. Please ask your server.



Sandwiches

All Sandwiches come with Lettuce, Tomato, French Fries & A Smile!

Crab Cake Sandwich

Hand-pattied, fresh crab meat with enough Japanese bread crumbs to hold them together. Fried golden and served with our tangy bistro sauce on the side. 11.99

The Amba Burger

(This ain't your freezer's veggie burger)
A tribute to Amba, the Rasta Chef, who's Veggies & Black Bean Burger are the stuff of legend! Black beans, veggies, spices and other good stuff.
Topped with provolone cheese and guacamole. Served with fries on the side. 9.99

Grilled Ahi Sandwich

The best fresh local tuna grilled to perfection and our Wasabi Aioli on the side to spice it up. 10.99

The MONSTER Burger

Create a monster with this flame grilled, half-pound Black Angus patty. 9.99

Add Cheese (*American, Swiss, Provolone, Cheddar or Pepper Jack*) 0.75

Extras (*Sautéed Mushrooms, Sautéed Onions, Salsa, Blackened or Guacamole*) . 0.99 ea

And Maybe Bacon. 1.25
Pineapple Slice. 1.50
Extra Patty. 4.99

Big Kahuna

Chicken Sandwich

Marinated chicken breast with a fresh grilled pineapple slice. Topped with pepper jack cheese and drizzled with honey jerk sauce. 9.99

Blacken Any Sandwich .99

Drinks

Hawaiian Iced Coffee

Cool and caffeinated! 3.99

The Kwan-Dree

Pineapple, ginger ale, grenadine in a cool keeper Mama's cup 3.99

Virgin Frozen Pina Colada

Non-Alcoholic 4.50

Virgin Frozen Strawberry

Daiquiri Non-Alcoholic 4.50

Soft Drinks Pepsi, Diet Pepsi, Mt. Dew, Dr. Pepper, Ginger Ale, Sierra Mist, Pink Lemonade or Iced Tea (*one refill only*) 1.99

Bottled Water 2.50

Red Bull 5.00

Mama's Rules!

- 1.. 20% Gratuity Will Be Added To Parties Of 6 Or More
- 2.. No Smoking
- 3.. No Checks
- 4.. All Credit Card Charges Of \$5 Or Less Will Incur A \$1.00 Fee
- 5.. Rules Can Be Added, Changed Or Modified Anytime The Owners See Fit.
- 6.. We Use Cabs Down Here, Don't Drink And Drive...It Ain't Cool.
- 7.. Please Limit Separate Checks To 4 Per Table. This Helps Speed Up Service For Everyone!
- 8.. Charles, You're Right. I Guess You CAN Live In Tortola All Year Round. CONGRATULATIONS, YOU'VE EARNED IT.

Take Kwan Home!

252.441.7889

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mamakwans.com

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